



November Moment – Post-Primary Worksheet

(This worksheet could usefully be preceded by the song ‘Now is the Time for Tears’ by Charlie Peacock, available at: <https://youtu.be/tYjHkzYgaCc>.)

Worksheet

When a loved one dies, what emotions and thoughts are likely to come to those who are left behind?

Sometimes it can be difficult to know what to say to a friend whose loved one has died. What would you suggest?

In what way do you think religious faith can give hope to someone who has lost a loved one?





‘Time is a healer’ – in what way do you think this quote might be true in cases of bereavement?

In what ways can we remember or pay tribute to our loved ones who have died?

